

























































**Pattern Name:** Spirit Guide  
**Designed By:** Michele Sayetta  
**Company:** Heaven and Earth Designs Inc.  
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**Fabric:** Linen 25, White  
 550w X 709h Stitches  
**Size:** 25 Count, 22w X 28-1/4h in

### Floss Used for Full Stitches:

Symbol	Strands	Type	Number	Color
□	2	DMC	1	White
■	2	DMC	156	Blue Violet-MD LT
■	2	DMC	158	Cornflower Blue-MD VY DK
■	2	DMC	159	Gray Blue-LT
■	2	DMC	161	Gray Blue
■	2	DMC	168	Pewter-VY LT
■	2	DMC	169	Pewter-LT
■	2	DMC	223	Shell Pink-LT
■	2	DMC	310	Black
■	2	DMC	311	Wedgewood-VY DK
■	2	DMC	312	Baby Blue-VY DK
■	2	DMC	317	Pewter Gray
■	2	DMC	318	Steel Gray-LT
■	2	DMC	320	Pistachio Green-MD
■	2	DMC	336	Navy Blue
■	2	DMC	372	Mustard-LT
■	2	DMC	413	Pewter Gray-DK
■	2	DMC	414	Steel Gray-DK
■	2	DMC	415	Pearl Gray
■	2	DMC	436	Tan
■	2	DMC	451	Shell Gray-DK
■	2	DMC	452	Shell Gray-MD
■	2	DMC	453	Shell Gray-LT
■	2	DMC	500	Blue Green-VY DK
■	2	DMC	501	Blue Green-DK
■	2	DMC	502	Blue Green
■	2	DMC	503	Blue Green-MD
■	2	DMC	517	Wedgewood-DK
■	2	DMC	522	Fern Green
■	2	DMC	535	Ash Gray-VY LT
■	2	DMC	597	Turquoise
■	2	DMC	646	Beaver Gray-DK

Symbol	Strands	Type	Number	Color
	2	DMC	648	Beaver Gray-LT
	2	DMC	729	Old Gold-MD
	2	DMC	762	Pearl Gray-VYLT
	2	DMC	793	Cornflower Blue-MD
	2	DMC	794	Cornflower Blue-LT
	2	DMC	799	Delft Blue-MD
	2	DMC	823	Navy Blue-DK
	2	DMC	838	Beige Brown-VYDK
	2	DMC	841	Beige Brown-LT
	2	DMC	844	Beaver Brown-ULDK
	2	DMC	890	Pistachio Green-ULDK
	2	DMC	902	Garnet-VYDK
	2	DMC	909	Emerald Green-VYDK
	2	DMC	924	Gray Green-VYDK
	2	DMC	926	Gray Green-MD
	2	DMC	927	Gray Green-LT
	2	DMC	930	Antique Blue-DK
	2	DMC	931	Antique Blue-MD
	2	DMC	932	Antique Blue-LT
	2	DMC	934	Black Avocado Green
	2	DMC	943	Bright Green-MD
	2	DMC	950	Desert Sand-LT
	2	DMC	992	Aquamarine-MD
	2	DMC	3024	Brown Gray-VYLT
	2	DMC	3031	Mocha Brown-VYDK
	2	DMC	3042	Antique Violet-LT
	2	DMC	3072	Beaver Gray-VYLT
	2	DMC	3371	Black Brown
	2	DMC	3743	Antique Violet-VYLT
	2	DMC	3747	Blue Violet-VYLT
	2	DMC	3750	Antique Blue-VYDK
	2	DMC	3756	Baby Blue-ULVYLT
	2	DMC	3768	Gray Green-DK
	2	DMC	3772	Desert Sand-VYDK
	2	DMC	3773	Desert Sand-MD
	2	DMC	3790	Beige Gray-ULDK
	2	DMC	3799	Pewter Gray-VYDK
	2	DMC	3807	Cornflower Blue
	2	DMC	3808	Turquoise-ULVYDK
	2	DMC	3810	Turquoise-DK
	2	DMC	3813	Blue Green-LT
	2	DMC	3814	Aquamarine

Symbol	Strands	Type	Number	Color
 ↘	2	DMC	3815	Celadon Green-DK
 ❄	2	DMC	3816	Celadon Green-MD
 ✕	2	DMC	3818	Emerald Green-ULVYDK
 ◡	2	DMC	3841	Baby Blue-Pale
 ~	2	DMC	3847	Teal Green-DK
 ⊗	2	DMC	3848	Teal Green-MD
 %	2	DMC	3854	Autumn Gold-MD
 ●	2	DMC	3858	Rosewood-MD
 =	2	DMC	3860	Cocoa
 //	2	DMC	3861	Cocoa-LT
 *	2	DMC	3863	Mocha Beige-MD
 ⊙	2	DMC	3864	Mocha Beige-LT
 ●	2	DMC	3865	Winter White
 ↑	2	DMC	3866	Beige Brown-ULVYLT

## Usage Summary

Strands Per Skein: 6

Skein Length: 313.0 in

Type	Number	Full	Half	Quarter	Petite	Back(in)	Str(in)	Spec(in)	French	Bead	Skein Est.
□ DMC	1	656	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	156	107	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	158	1345	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	159	635	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	161	3071	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	168	4059	0	0	0	0.0	0.0	0.0	0	0	2.000
■ DMC	169	21415	0	0	0	0.0	0.0	0.0	0	0	6.000
■ DMC	223	171	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	310	27844	0	0	0	0.0	0.0	0.0	0	0	8.000
■ DMC	311	818	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	312	1756	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	317	30556	0	0	0	0.0	0.0	0.0	0	0	9.000
■ DMC	318	18763	0	0	0	0.0	0.0	0.0	0	0	6.000
■ DMC	320	18	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	336	1269	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	372	42	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	413	33158	0	0	0	0.0	0.0	0.0	0	0	10.000
■ DMC	414	29335	0	0	0	0.0	0.0	0.0	0	0	9.000
■ DMC	415	6429	0	0	0	0.0	0.0	0.0	0	0	2.000
■ DMC	436	7	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	451	7128	0	0	0	0.0	0.0	0.0	0	0	2.000
■ DMC	452	2268	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	453	2468	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	500	6416	0	0	0	0.0	0.0	0.0	0	0	2.000
■ DMC	501	393	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	502	790	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	503	265	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	517	1005	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	522	93	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	535	9818	0	0	0	0.0	0.0	0.0	0	0	3.000
■ DMC	597	1178	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	646	4632	0	0	0	0.0	0.0	0.0	0	0	2.000
■ DMC	648	4305	0	0	0	0.0	0.0	0.0	0	0	2.000
■ DMC	729	35	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	762	4797	0	0	0	0.0	0.0	0.0	0	0	2.000
■ DMC	793	635	0	0	0	0.0	0.0	0.0	0	0	1.000

Type	Number	Full	Half	Quarter	Petite	Back(in)	Str(in)	Spec(in)	French	Bead	Skein Est.
DMC	794	12	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	799	578	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	823	6415	0	0	0	0.0	0.0	0.0	0	0	2.000
DMC	838	362	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	841	5942	0	0	0	0.0	0.0	0.0	0	0	2.000
DMC	844	3277	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	890	227	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	902	67	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	909	21	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	924	5827	0	0	0	0.0	0.0	0.0	0	0	2.000
DMC	926	14601	0	0	0	0.0	0.0	0.0	0	0	4.000
DMC	927	6304	0	0	0	0.0	0.0	0.0	0	0	2.000
DMC	930	1558	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	931	8291	0	0	0	0.0	0.0	0.0	0	0	3.000
DMC	932	2031	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	934	1148	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	943	1060	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	950	126	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	992	11	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	3024	4277	0	0	0	0.0	0.0	0.0	0	0	2.000
DMC	3031	508	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	3042	15167	0	0	0	0.0	0.0	0.0	0	0	5.000
DMC	3072	8346	0	0	0	0.0	0.0	0.0	0	0	3.000
DMC	3371	1335	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	3743	7655	0	0	0	0.0	0.0	0.0	0	0	3.000
DMC	3747	372	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	3750	1869	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	3756	7160	0	0	0	0.0	0.0	0.0	0	0	2.000
DMC	3768	8248	0	0	0	0.0	0.0	0.0	0	0	3.000
DMC	3772	784	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	3773	2017	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	3790	856	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	3799	15802	0	0	0	0.0	0.0	0.0	0	0	5.000
DMC	3807	374	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	3808	61	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	3810	349	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	3813	7	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	3814	192	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	3815	191	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	3816	155	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	3818	248	0	0	0	0.0	0.0	0.0	0	0	1.000
DMC	3841	402	0	0	0	0.0	0.0	0.0	0	0	1.000

Type	Number	Full	Half	Quarter	Petite	Back(in)	Str(in)	Spec(in)	French	Bead	Skein Est.
■ DMC	3847	338	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	3848	102	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	3854	193	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	3858	442	0	0	0	0.0	0.0	0.0	0	0	1.000
■ DMC	3860	5043	0	0	0	0.0	0.0	0.0	0	0	2.000
■ DMC	3861	4092	0	0	0	0.0	0.0	0.0	0	0	2.000
■ DMC	3863	4049	0	0	0	0.0	0.0	0.0	0	0	2.000
■ DMC	3864	384	0	0	0	0.0	0.0	0.0	0	0	1.000
□ DMC	3865	11685	0	0	0	0.0	0.0	0.0	0	0	4.000
■ DMC	3866	1709	0	0	0	0.0	0.0	0.0	0	0	1.000